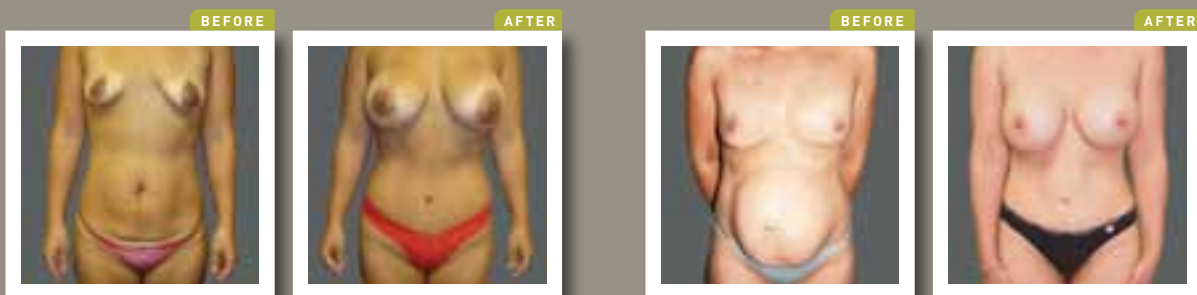


CASE STUDIES



TAKING SHAPE

"Both of these mothers desired a Mommy Makeover, which included breast augmentation with silicone gel implants using a dual-plane technique as well as an abdominoplasty with muscle plication to help achieve a flat tummy. These patients have expressed that their Mommy Makeover procedures have greatly enhanced their self-confidence," says Dr. Grover.

“a mommy makeover helps enhance self-confidence”

STANFORD-TRAINED AND WITH OVER 16 YEARS OF SURGICAL EXPERIENCE, DR. SANJAY GROVER SEES PATIENTS THROUGHOUT THE UNITED STATES, AS WELL AS INTERNATIONALLY. "PATIENTS ARE EXTREMELY HAPPY TO FIND A SURGEON WHO IS WELL TRAINED AND COMFORTABLE ADDRESSING ALL OF THEIR AESTHETIC REJUVENATION NEEDS."

MEET THE EXPERT

Dr. Sanjay Grover

Diplomate, American Board of Plastic Surgery

SERVICES OFFERED

Breast Augmentation	Ultherapy Nonsurgical
Breast Lift	Browlift and Facelift
Abdominoplasty	Trinity Skin Rejuvenation
BodyLift / Belt Lipectomy	eMatrix™ Sublative Rejuvenation
Liposuction	DermaSweep™
Labiaplasty	Botox®
Aesthetic Facial Surgery	Juvéderm®
Rhinoplasty	Sculptra®

ABOUT DR. GROVER

WHY DID YOU BECOME A PLASTIC SURGEON?

Because I appreciate beauty and it suits my obsessive and meticulous nature.

WHAT IS YOUR FAVORITE PART OF YOUR JOB?

I enjoy helping patients achieve their dreams.

WHAT FRAMED PHOTOS DO YOU HAVE ON YOUR DESK?

I have pictures of my beautiful wife and three children.

WHAT BEAUTY PRODUCT SHOULD EVERYONE HAVE?

A smile.

WHAT ALTERNATIVE OCCUPATION WOULD YOU CHOOSE?

A rock star.

HOW DO YOU START EVERY DAY?

Feeling blessed.

MEDICAL DEGREE

University of California,
San Diego, School of Medicine

LOCATIONS

Newport Beach, California
Beverly Hills, California

CONTACTS

949.759.9551
310.276.4526



To learn more about the practice visit
drgrover.com
doctorgrover.com
facebook.com/sanjaygrovermd
YouTube.com/ocplasticsurgeon

Dr. Sanjay Grover
The Center for Aesthetic
Plastic Surgery and MedSpa
Newport Beach, California
Beverly Hills, California

ASK DR. GROVER

WHAT PERCENTAGE OF YOUR BREAST AUGMENTATION PATIENTS SELECT SILICONE GEL IMPLANTS OVER SALINE IMPLANTS?

Over 90 percent of my breast augmentation patients select silicone gel implants over saline implants. The FDA approved the return of silicone gel breast implants, clearing them for augmentation and reconstruction procedures more than four years ago. Many patients select silicone gel implants because they offer a more natural feel. I believe, however, that both silicone gel and saline breast implants can yield beautiful results.

IS IT TRUE THAT ALL WOMEN CAN ACHIEVE A FLAT TUMMY FOLLOWING PREGNANCY IF THEY JUST EXERCISE?

No. This is a common misconception among husbands and trainers. There are certain physical changes, following pregnancy, that a woman may not be able to correct on her own, without surgery. An abdominoplasty may benefit many women following pregnancy if they suffer from excess fatty tissue, loose abdominal skin, stretch marks, and a loose abdominal wall.

Full-service medspa menu

The MedSpa at The Center for Aesthetic Plastic Surgery utilizes innovative advancements that offer dramatic results with minimal or no downtime. The MedSpa offers Ultherapy™ to tighten the skin and deeper soft tissues of the brow face and neck, and also offers a host of Syneron™ technologies, including the eMatrix Sublative Rejuvenation™ treatment, which is a fractionated bipolar radiofrequency device that improves many signs of aging. Other treatments offered include the Trinity™ Total Facial Renewal program, which incorporates ReFirme™ ST for skin tightening, Matrix IR™ for wrinkles, and FotoFacial RF™ for improving the negative effects of excess sun exposure. Dr. Grover also offers VelaShape™ treatments for cellulite and noninvasive body contouring. Liquid facelifts utilizing Botox® Cosmetic and Juvéderm® are utilized by Dr. Grover and his aesthetic nurse to enhance contours of the face without surgery. And, last but definitely not least, Dr. Grover's aesthetician offers DermaSweep particle-free microdermabrasion with a vitamin infusion to exfoliate the skin and treat pigmentation.